

REVIBER

THE NEW VIBE IN EXERCISE



Reviber

ER-01

RRP £169.99



- Tones legs, buttocks & arms
- Reduces body fat
- Reduces the appearance of cellulite
- Increases circulation & metabolism
- Increases bone density

Whole Body Vibration, a new type of exercise sweeping Britain's gyms and spas, is a luxury now available to all. The Reviber is a compact and powerful machine ideal for the home or salon and is a favourite of health and beauty practitioners. This is the new vibe in exercise; this is the Reviber!

The body is exercised by the thousands of small vibrations stretching the muscles, which the body counters with a corresponding contraction. This stretch reflex works the muscles so thoroughly that the body becomes stronger very quickly.

Vibration exercise is suitable for all ages and has been proven to tone muscle, strengthen the body, and reduce body fat. It is easy to use and feels fantastic – for a great workout you simply spend ten minutes doing passive exercises such as standing and sitting on the machine. For improving your health and fitness, you will be delighted with the wonderful feeling of the Reviber.

vibration trainer

REVIBER

PLUS

Reviber Plus ER-02

RRP £249.99



- Tones legs, buttocks, & upper body
- Supreme core muscle strengthening
- Reduces body fat
- Increases circulation & metabolism
- Increases bone density
- Reduces the appearance of cellulite

The Reviber Plus tones, strengthens, and shapes the body from tip to toe... legs, buttocks, core muscles, chest, arms... everything. It has similar health benefits as the Reviber but its side-alternating action, 15 speeds, adjustable auto-programme, and upper-body exercise bands makes this the easiest way to get a great full-body workout.

This is achieved with a centrally pivoted platform like a see-saw, which means one foot goes up while the other is going down, just like walking or running. This exercising action works right up to the highest abdominal muscles, and where the vibration stimulation stops, the exercise bands take over. While you are having your legs, buttocks, and core muscle strengthened by the movement of the platform, the resistance bands exercise your chest and arms.

- Large surface area allows for a greater variety of exercises
- 15 speeds, adjustable timer & remote control
- See-saw action for whole-body exercise
- Adjustable auto-programme

vibration trainer

Zen Chi

relaxerciser

Zen Chi Relaxerciser

MZ-01

RRP £129.99



- ① No impact, no effort exercise routine
- ① Help back problems & relieve stress
- ① Increase circulation & energy levels
- ① Relieves migraines
- ① Improves digestion

The beneficial effects of Chi (energy) stimulating exercise are now within the reach of every household with the Zen Chi Aerobic Massager. Do you suffer from lack of exercise, stress, back pain, poor circulation, nervous tension, the Zen Chi may be able to help alleviate the symptoms of these ailments.

All it takes is fifteen minutes morning and night to gain the recommended thirty minutes of daily exercise; any additional form of exercise is an extra-added bonus!

The Zen Chi produces a motion through the recumbent body, similar to a swimming fish, which relieves compression from between the vertebrae and alleviates stress and tension on the spinal column. Elevating the feet is also a proven technique for relieving the symptoms of painful ailments such as fluid retention, poor circulation, varicose veins and the list continues. Combine this with the Zen Chi's muscle exercising principles and you will benefit immediately.

zen chi relaxerciser

zen physio

deep tissue massager

Zen Physio

ET-01

RRP £69.99



The Zen Physio Deep Tissue Massager is the 'professional's choice' and is now available for use in the home or clinic.

- ① Relieve aches, pains & stress
- ① Revive tired muscles
- ① With soothing Far Infrared Heat
- ① Speed 3400-6000rpm, ideal for deep massage
- ① 2 sets of interchangeable massage heads

The Zen Physio's vigorous percussion and vibratory action can be applied as a relaxing effleurage, or set firmer for deep tissue and trigger release work. This vigorous percussion creates a firmer, deeper, and more effective massage.

With far infrared heat, 2 speeds, and 2 sets of interchangeable heads the Zen Physio can help to improve blood circulation, free spasmodic muscles, improve circulation, revive tired physiques and revitalise KI (energy).

The Zen Physio can be used to treat almost all areas of the body, such as the neck, shoulders, back, abdominal area, arms, legs, and feet. It comes with a handy wrist strap for self-treatments on hard to reach places including the lower back. The Zen Physio is mains powered.



deep tissue massager



Home T.E.N.S.
Electronic Pain Reliever
 TH-01 RRP £49.99
 TH-01-pads RRP £2.49

- ⊙ Registered Medical Device
- ⊙ Relieves acute & chronic pain
- ⊙ Dual channel T.E.N.S
- ⊙ 4 Automatic programs
- ⊙ 3 Massage Modes

The Home T.E.N.S, unlike most of its competitors, is a **Registered Class 2a Medical Device in Europe and the United States.** It has FDA (Food & Drug Administration) approval in the United States and MDD (Medical Devices Directive) approval in the U.K and Europe.

Transcutaneous Electrical Nerve Stimulators (T.E.N.S) generate electrical impulses that are sent through the electrodes which can be strategically placed over nerve centres. Pain signals to the brain are blocked by the T.E.N.S. interrupting the brain's awareness of pain. This therapy can relieve chronic or acute pain such as back pain, sciatica, sports strains & sprains, muscle injuries and aching joints.

t.e.n.s machine



**Deep Tissue
 Massage Cushion**
 MC-01
 RRP £49.99

Two internal hands consisting of six kneading fingers work in unison to give you a gentle relaxation or deep muscular manipulation session at variable speed. This cushion is not to be mistaken as a superficial vibrating cushion as it has real therapeutic effect. Ideal to relieve tired sore muscles as well as break down tension and stresses that are placed on the body. The cushion is mains powered.

massage cushion

compact

**MULTI PURPOSE LIVING JUICE EXTRACTOR
 juicer & food processor**



Compact Juicer

CJ-01 RRP £138.99
 CJ-02 RRP £138.99

The new generation 'Compact' multi food processor combines a 'Living Juice' extractor with many other food processing functions.

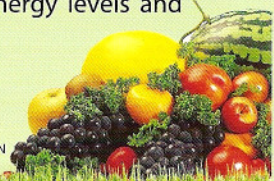
- ⊙ Fruit & veg juicer
- ⊙ Pasta & sausage maker
- ⊙ Wheatgrass juicer
- Simple assembly
- Quick & easy cleaning
- Amazingly quiet to run

The Compact Juicer is the smallest living-enzyme juicer ever made. Half the size of most competitors, the Compact has set the new benchmark in juicer design for the health conscious consumer.

Unlike centrifugal juicers, the Compact's gentle pressing method of juice extraction ensures that enzymes and heat-sensitive vitamins such as vitamin C are not destroyed. Food enzymes include proteases for digesting protein, lipases for digesting fats and amylases for digesting carbohydrates.

With the Compact, the juice can retain up to 60% more nutrients than conventional juicers and the valuable enzymes remain alive – aiding digestion and helping the body absorb nutrients, boosting energy levels and the immune system.

A VERY HEALTHY & VERSATILE ADDITION TO YOUR KITCHEN



compact juicer